

CENTRE FOR THE STUDY OF SOCIAL CHANGE
Regional Resource & Training Centre (RRTC)
Bandra (East), Mumbai-51

Annual Report for F.Y. 2021-2022

It gives us a great pleasure to submit the said report successfully completed in spite of the second-worst pandemic that affected the country. It was in the third week of April, 2021 the severe acute respiratory syndrome coronavirus 2 started to spread more rapidly than ever and recorded a massive surge when the daily number of cases crossed the 2-lakh mark. The second wave of COVID-19 in India has severe consequences in the form of spiraling cases, reduced supplies of essential treatments, and increased deaths particularly in the young population. As the pandemic continued the only option was online webinars.

NISD permitted RRTC's to send online proposals and accordingly our proposals were granted. Therefore, most of activities for creating awareness and training the participants were through virtual medium (through internet on zoom platform).

We have attended Periodical meetings conducted by MSJE & NISD with RRTC's in the Year 2021-22.

The Details of the programs conducted are as under:

We would like to place on record that we received the mail of Annual Action Plan for the year 2021-2022 on 2nd June, 2022 by Ministry of Social Justice and Empowerment. On 15th June, 2021 we submitted the 45 programs. But NISD sanctioned only online 7 programs.

RRTC planned for the financial year 2021-22 as per Ministry Annual Action Plan.

Awareness, Training and Capacity building:

- a. Creating a pool of trained personnel who can run the senior citizen homes as per the minimum standards and training to the Staff of the project of Senior Citizens Homes (Implementing Agency: NISD through RRTCs)-

We sent the proposal but not received the sanction order by NISD.

b. Training on Geriatric Care & Health Care with the help of States/NISD –

We have received the sanction order for four 3days Geriatric Care Training by NISD

c. Awareness Generation and Sensitisation Programme spread over the country by implementing agencies (Reputed organisations, government or otherwise working in the field of Ageing)-

We received the sanctioned order for 5 online programs.

As per guidelines programs we conducted ONLINE webinar/video conferencing mode only. we conducted the programs online on zoom platform.

NISD programs for year 2021-22

We received sanctioned order dated 20th October,2021 for five programs on **Elderly Issues**.

Detail Table as under:

Sr.No.	Date	Program Name	Speakers	Subject	Participants
1	22-09-2021	World Alzheimer's Day (Online/Offline)	Smt. Prajakta Padgaonkar, Author 'Sanjawat' Book	Alzheimer's Disease And Dementia: Prevention, Education and Support	offline above 62 & 32 on Zoom
			Smt. Vidya Shenoy, Secretary General, Alzheimer's & Disorders Society of India & Hon. Secretary, ARDSI	Know Dementia, Know Alzheimer's	
			Dr. Rekha Bhatkhande., Ex-Dean Shushrusha Hospital, Vice President FESCOM, Mumbai. President, DILASA	Fear of forgetfulness amongst the Sr. Citizens	
			Mr. Prakash Bargaonkar, Head - Help Age India (Mah & Goa)	Social Aspects & Rehabilitation of Patient of Dementia	

2	29-09-2021	Current challenges of transgender Senior Citizen & Govt's Welfare Policies & Programs (Online/Offline)	Smt. Jyoti Thakare, President Mahila Arthik Vikas Mahamandal (MAVIM) Gov. of Maharashtra (Guest)		offline above 60 & 35 on zoom
			Ms. Sridevi Londhe Social Activist & First Transgender graduate of Mumbai University		
			Dr.R.D.Potdar, Hon Secretary CSSC, Paediatrician		
3	06-10-2021	3 rd Webinar Celebration of International Day of Older Person (Online/Offline)	Prof S. Siva Raju, Professor, Chairperson - Centre for Excellence in CSR, Director's Office.	Promoting positive Ageing in India Issues and concerns	Offline above 62 & 32 on zoom
4	22-12-2021	4 th Webinar Legal Rights of Sr. Citizens	1] Dr. Anand Kasle, Professor, G.J.Advani Law College, Mumbai. 2] Adv. Nirmala Samant Prabhavalkar. Ex-Mayor Mumbai, Chief Functionary, RRTC,CSSC.	Is it necessary to make a "Will " for safeguarding the Property Rights	On Zoom 36
5	07-01-2022	5th Webinar In Collaboration with Department of Sociology Sophia College (AUTONOMOUS)	1] Mr. Floyd Gracias, Counsel, Supreme Court Advocate, Bombay High Court.	Maintenance & Welfare Parents & Sr. Citizens	Online above 200
			2] Ms. Asira Yogesh Chirmuley Director Atha Psychotherapy	Twelve Mental Health, Resolutions for 2022	

Photos of Webinars:

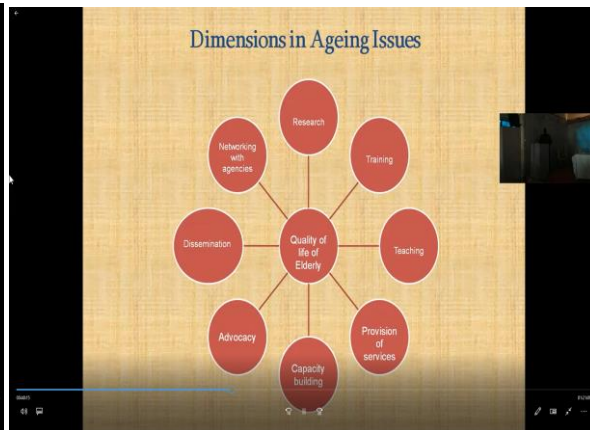
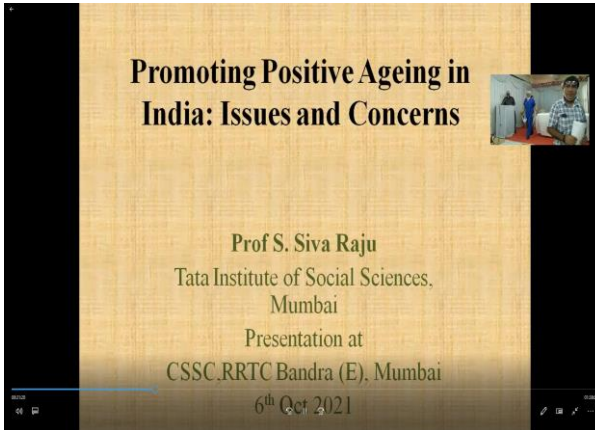
First Webinar/Offline



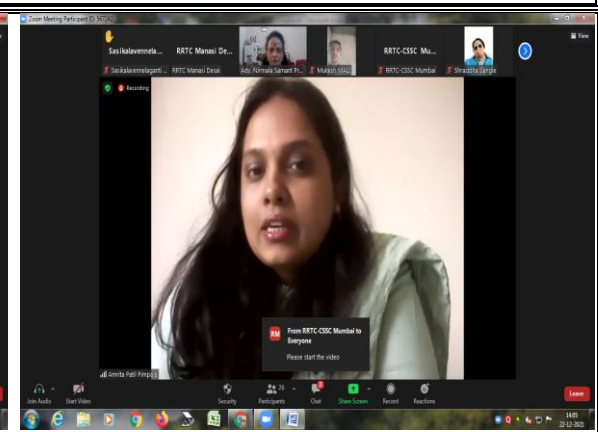
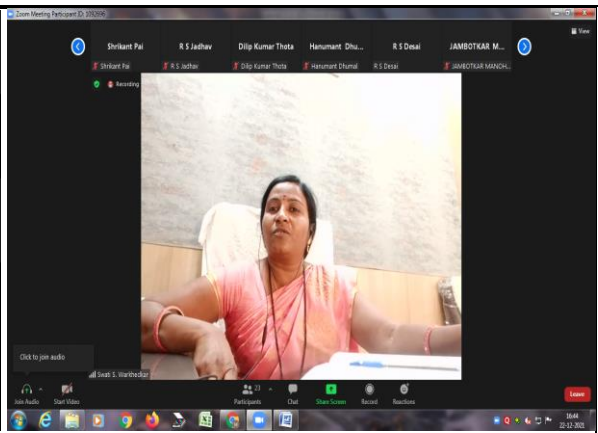
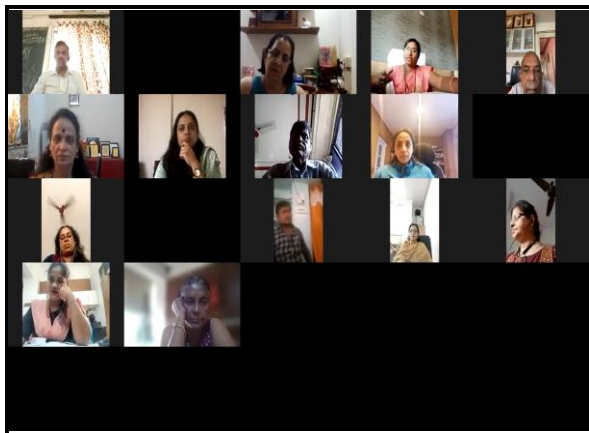
Second Webinar/offline



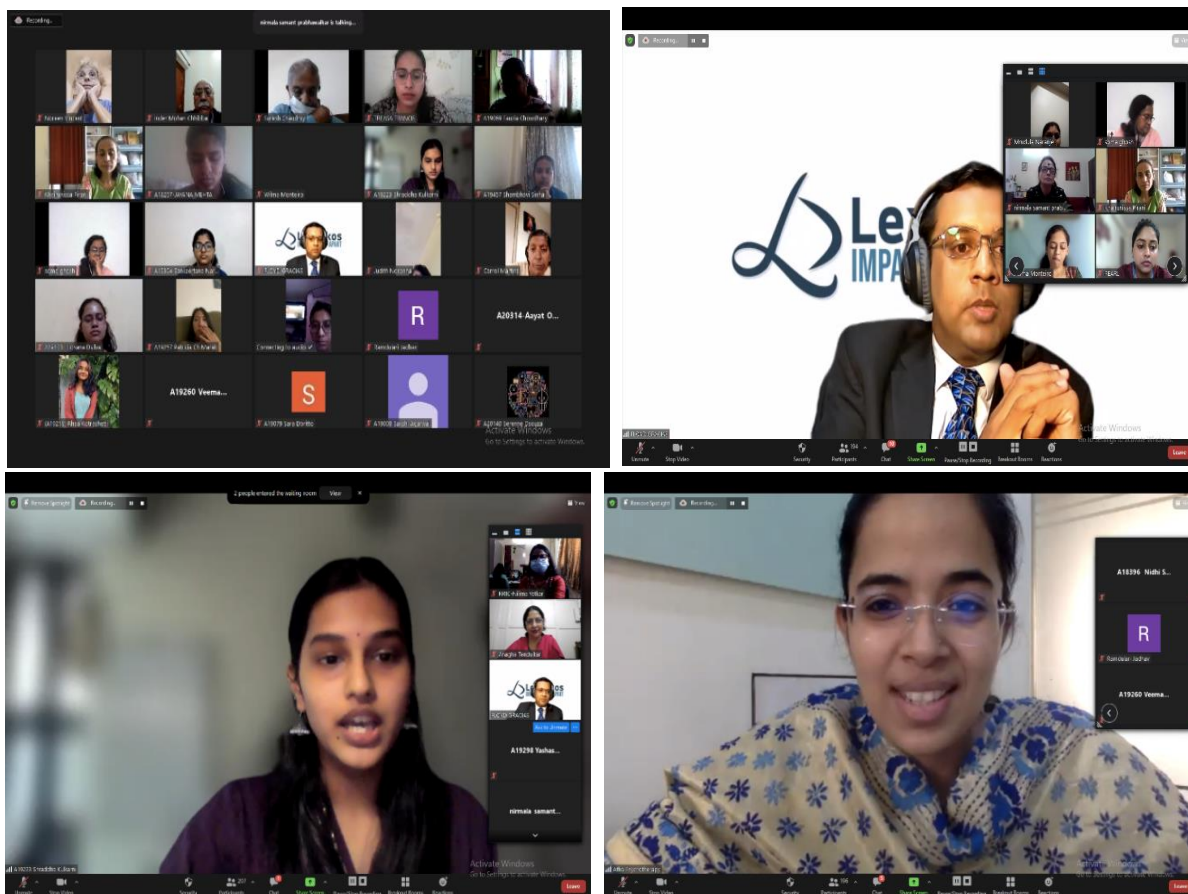
Third Webinar/offline



Fourth Webinar



Fifth Webinar



We have received the sanction order on 20th October,2021 **for four three days ‘Geriatric Care’ Training program.**

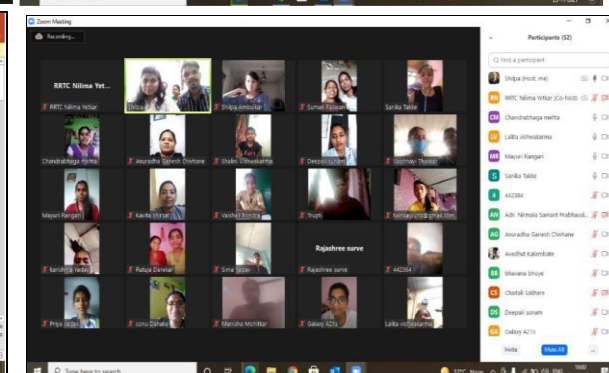
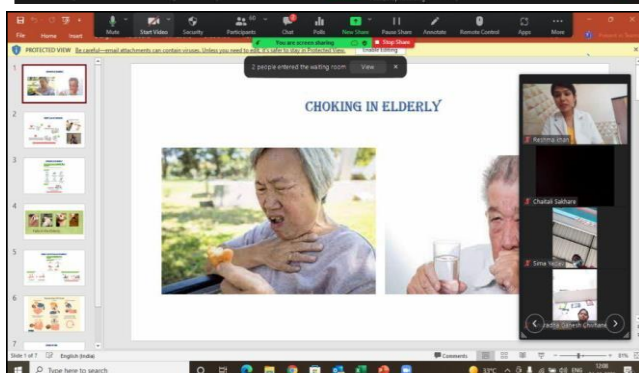
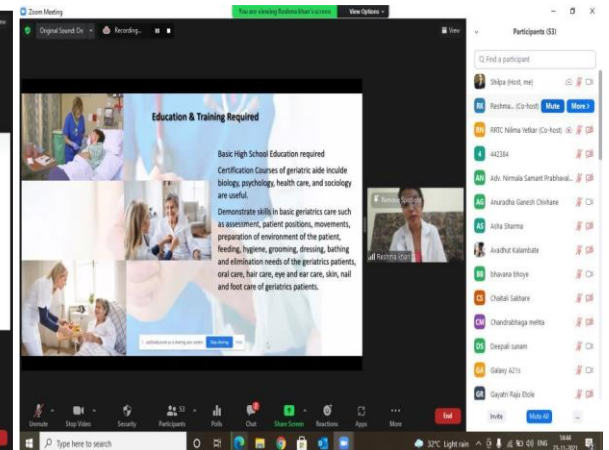
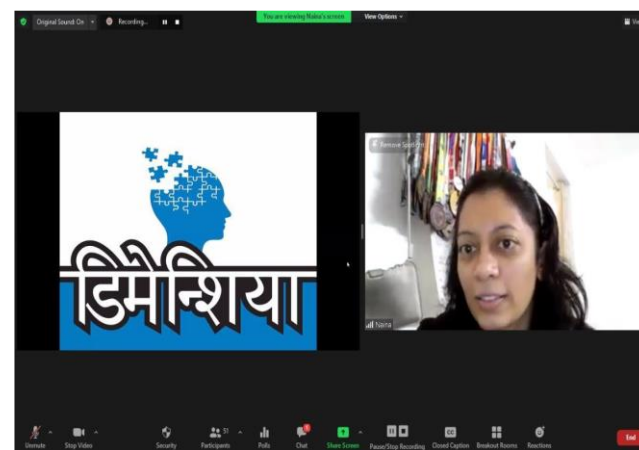
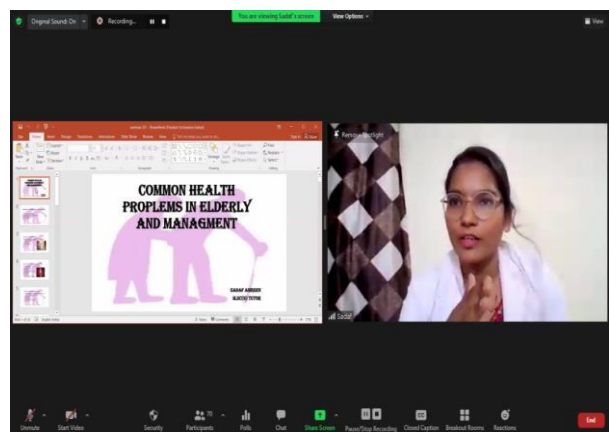
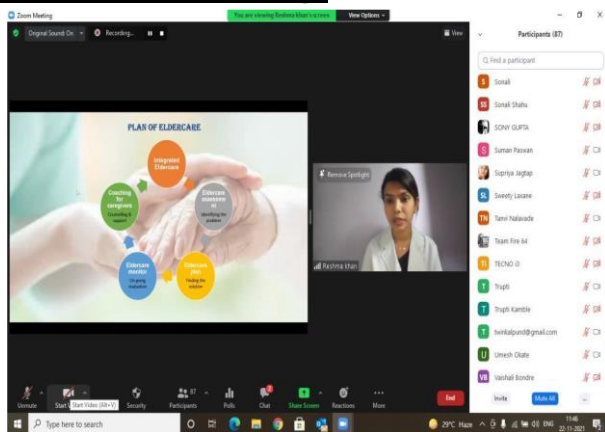
We conducted three Days Online Training on ‘Geriatric Care’ from 22nd to 24th November,2021 in collaboration with **Aaji Care Sevak Foundation**, Thane (west), Maharashtra.

Detail Table as under:

SR.No.	DATE	TIME	DAY	TRAINER NAME	TOPIC	PARTICIPANTS
1	22nd November 2021	11am to 12noon	1st Day	Ms. Reshma Khan	Introduction to Geriatric Care & Process of Ageing	Registered 150 & certificate to 68
		12noon to 1.15pm		Ms. Amreen Sadaf	Common health Problems and Management	
		1.50pm to 3pm		Ms. Naina Oke	Palliative Care	
		3pm to 4pm		Ms Priyadarshini Kulkarni	Dementia	
		11am to 12noon	2nd Day	Ms. Amreen Sadaf	Comfort Devices	

	23rd November 2021	12noon to 1.15pm		Ms. Amreen Sadaf	Medical Terminology & Medication Admn.	
		1.50pm to 3pm		Ms. Reshma Khan	Geriatric Care at Home	
		3pm to 4pm		Ms. Naina Oke	Geriatric Aid & Function	
	24th November 2021	11am to 12noon	3rd Day	Ms. Reshma Khan	Geriatrics Rehabilitation	
		12noon to 1.15pm		Ms. Reshma Khan	First Aid	
		1.50pm to 3pm		Ms. Amreen Sadaf	Vital Signs	
		3pm to 4pm		Ms. Naina Oke	Imp. Of mental Stimulation	

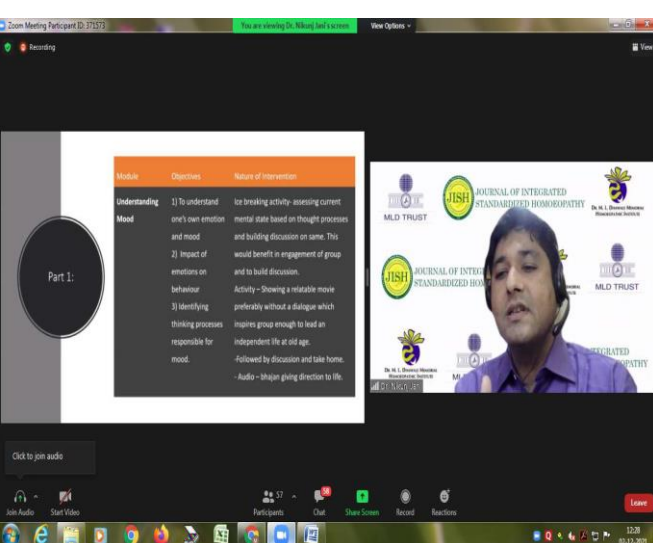
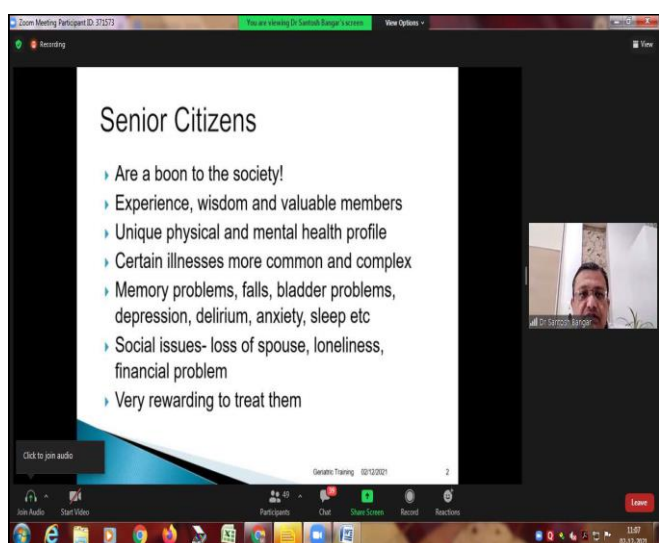
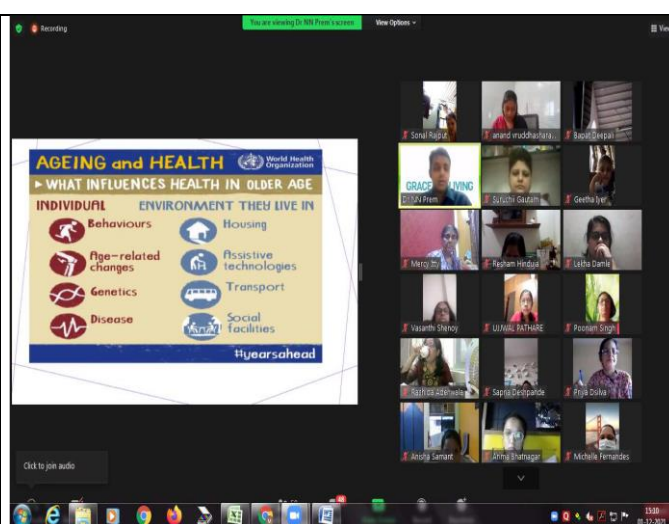
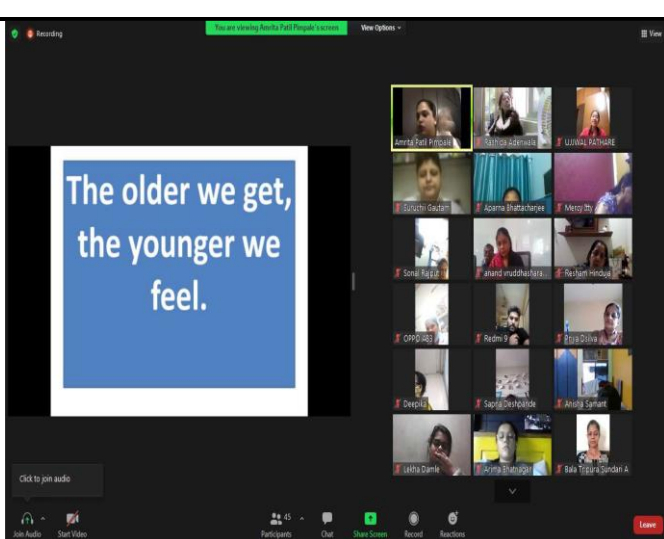
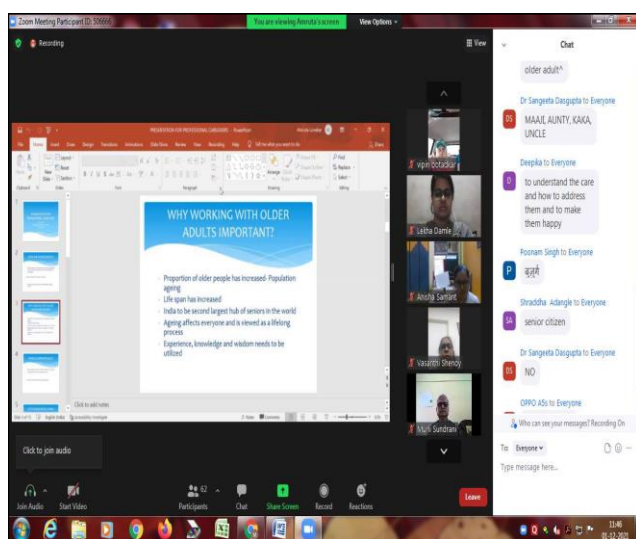
Photos of the Training:



We conducted three days online 'Geriatric Care' training from 1st December to 3rd December, 2022 in collaboration with **Echoing Healthy Aging** Bandra, Mumbai, Maharashtra. **Details as under:**

SR. No	DATE	TIME	DAY	TRAINER NAME	TOPIC	PARTICIPANTS
2	1st December 2021	11am to 12noon	1 st Day	Amruta Lovekar	Understanding Ageing Who are Older Adult, relevant statistics, Why working with is imp. Myths regarding Ageing	Registered 56 & certificate to 43
		12noon to 1pm		Amruta Lovekar	Elder Care basics, ethics of caring	
		1.45pm to 2.45pm		Amrita Patil	Empathetic Care, role of community in Mgmt of Mental health, physical Health Issue, engaging Activities	
		3pm to 4pm		Dr. N.N Prem	Tips of Active, Healthy Ageing, Preventive measures for good mental, physical Health	
	2nd December 2021	11am to 12noon	2 nd Day	Dr. Santosh Bangar	Mental Health issues in elderly, Depressions, Dementia, Important Of Diagnosis	
		12noon to 1pm		Dr. Nikunj Jani	Dementia	
		1.45pm to 2.45pm		Dr.Kejal Jasani	Importance of routine, environmental inclusions	
		3pm to 4pm		Dr. N.N Prem	Age related physical health medical issues in elderly and its Management	
	3rd December 2021	11am to 12noon	3 rd Day	Bina Chedda	Food Hygiene and nutrition for elderly	
		12noon to 1pm		Amrita Patil	Burnout for carers, signs and prevention, Support for Caregivers	
		1.45pm to 2.45pm		Dr. Aditi Kolge	Oral Health of Elderly, Eye & Skin Care Tips on Walking with Walker, Stick. How to make then sit with pillows, Balancing, wheelchair transfer	
		3pm to 4pm		Dr. Aditi Kolge	Physical Care, Important Of exercise, Yoga etc.	

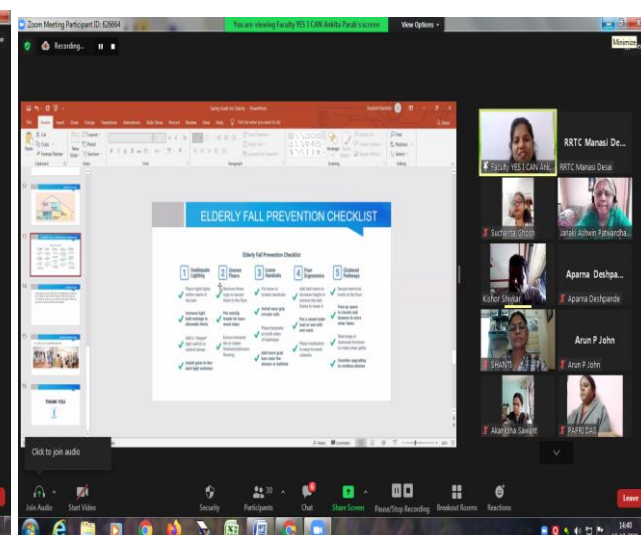
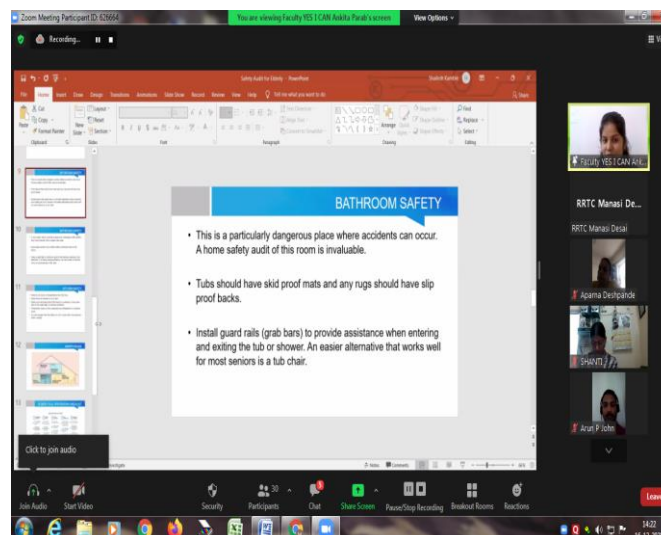
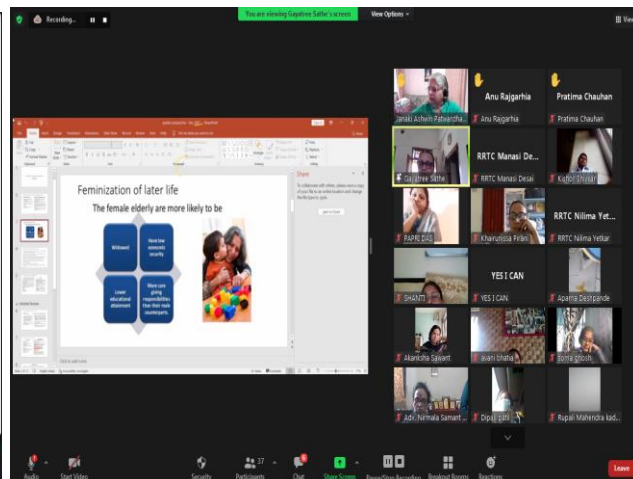
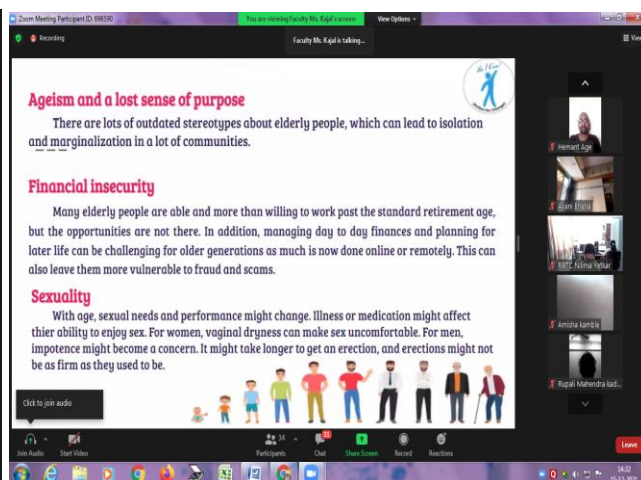
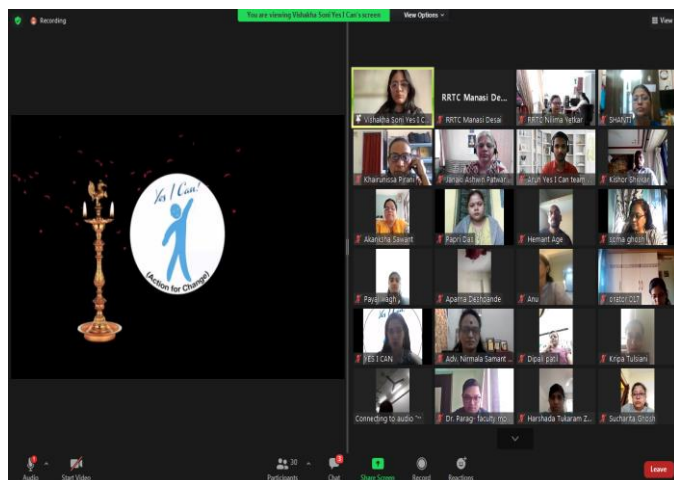
Photos of the Training:



we conducted second three days online 'Geriatric Care' training from 15th December to 17th December, 2021 in collaboration with **Yes I Can Foundation** Navi Mumbai, Maharashtra.

SR.No.	DATE	DATE & TIME	DAY	TRAINER NAME	TOPIC	Participants
3	15th December 2021	11am to 12noon	1 st Day	Dr. Parag Afuwale	Concept and Physiology of Ageing	Registered 56 & certificate to 43
		12noon to 1pm		Dr. Parag Afuwale	Management of Senior Citizens issues in absence of doctor	
		1pm to 2pm		Ms.Kajal Chandra	Psychology of aging	
		3pm to 4pm		Ms. Kajal Chandra	Management of Mental health issues for senior citizens.	
	16th December 2021	11am to 12noon	2 nd Day	Ms. Gayatri Sathe	Gender perspective in aging	
		12noon to 1pm		Ms. Gayatri Sathe	Role of caregiver in aging population	
		1pm to 2pm		Ms. Ankita Parab	Safety audit for elderly and chair activities	
		3pm to 4pm		Ms. Ankita Parab	Nutrition for elderly and menu planning	
	17th December 2021	11am to 12noon	3 rd Day	Dr. Pallavi Yadav	Management of elderly through physical activities	
		12noon to 1pm		Dr. Pallavi Yadav	Life support techniques for elderly in emergency situations.	
		1pm to 2pm		Dr. Nikita Surani	Case history taking and patient management in geriatric care	
		3pm to 4pm		Dr. Nikita Surani	Abuse and role of a caregiver.	

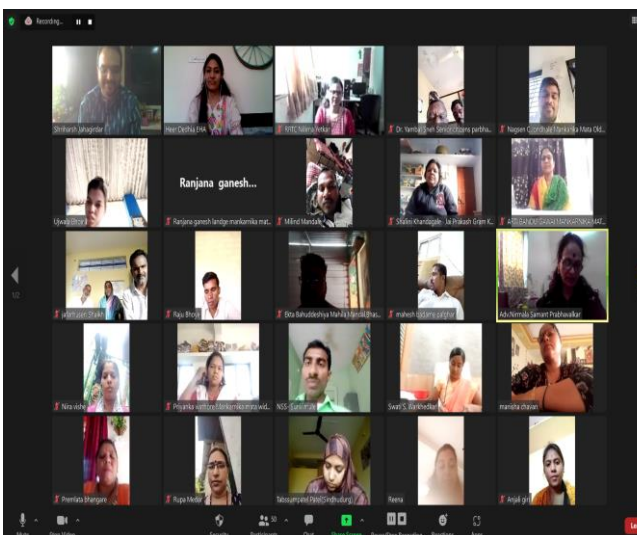
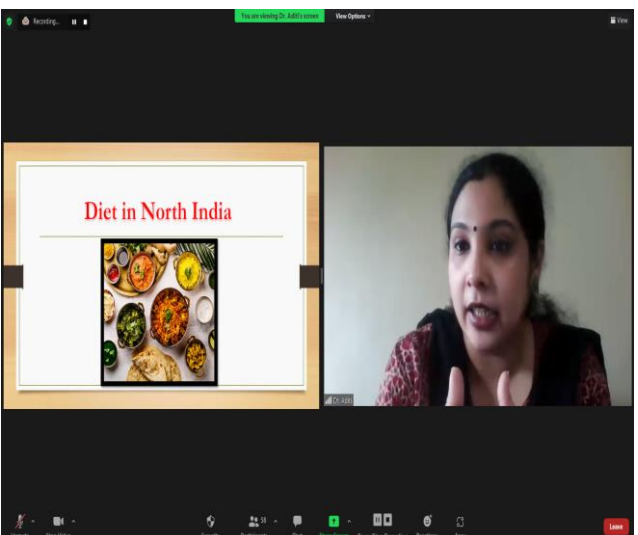
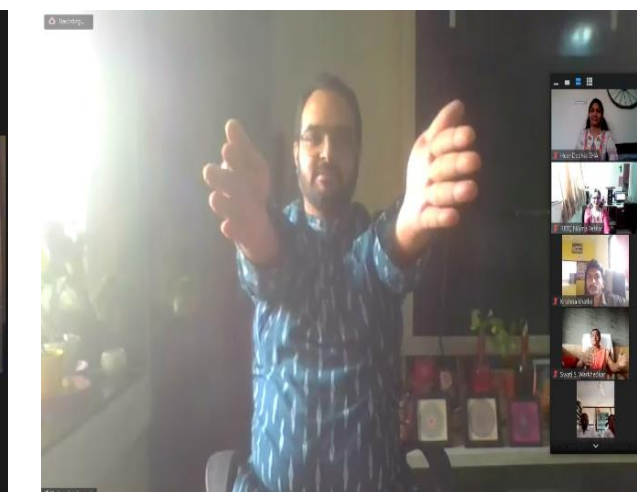
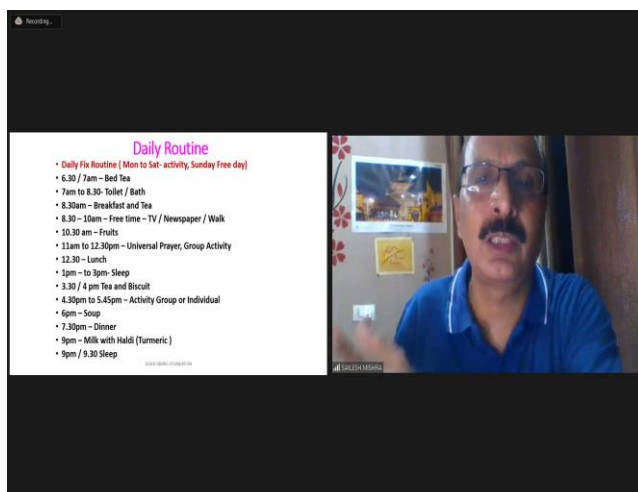
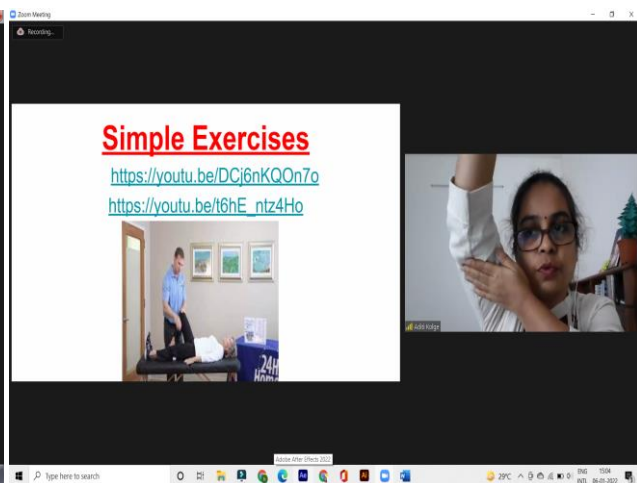
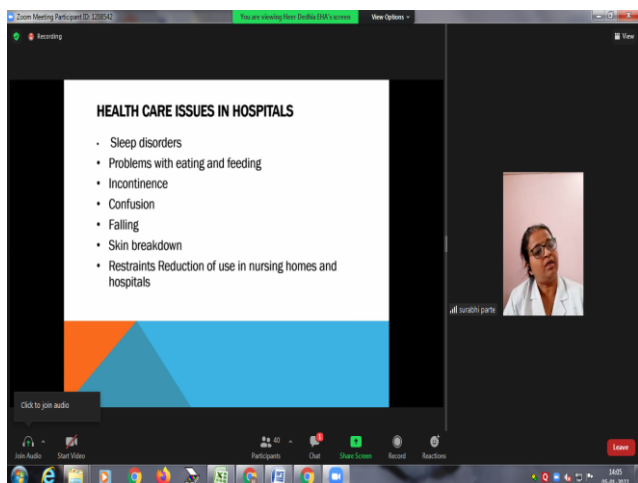
Photos of the Training:



we conducted second three days online 'Geriatric Care' training from 5th January, 2021 to 6th January, 2021 in collaboration with **Echoing Healthy Ageing (Especially for old age home)** Bandra, Mumbai, Maharashtra.

Sr.no	DATE	TIME	DAY	TRAINER NAME	TRAINER NAME	Participants
4	5 th January 2022	11am to 12noon	FIRST	Ms. Amruta Lovekar	Understanding Ageing 1) Who are older adults, relevant statistics 2) Why working with them is important 3) Myths regarding Ageing	Online 60 and Above
		12noon to 1pm		Ms. Amruta Lovekar	Elder care basics ethics of caring for residents.	
		1.45pm to 2.45pm		Mrs. Surbhi Parte	Communication with Elderly, Swallowing, feeding, hearing, impairments	
		3pm to 4pm		Dr. Girish Rajadhikshya	Physical health of elderly.	
	6 th January 2022	11am to 12noon	SECOND	Mr. Shailesh Mishra	Good care Home practices.	
		12noon to 1pm		Mr. Shailesh Mishra	Good care Home practices.	
		1.45pm to 2.45pm		Dr. Aditi Kolga	Physical Care, exercise, manual handling.	
		3pm to 4pm		Dr. Aditi Kolge	Caregiver Burnout.	
	7 th January 2022	11am to 12noon	THIRD	Mrs. Amrita Patil		
		12noon to 1pm		Aditi Deshkar	Food & Nutrition	
		1.45pm to 2.45pm		Dr. Jahangirdar	Imp. of routine environmental inclusions	
		3pm to 4pm		Dr. Jahangirdar	Imp. of routine environmental inclusions	

Photos of the Training:



Awareness programs conducted:

- Workshops (Regional Level) on the issues relating to senior citizens through reputed organisations. Special campaigns to spread awareness on mental health issues-

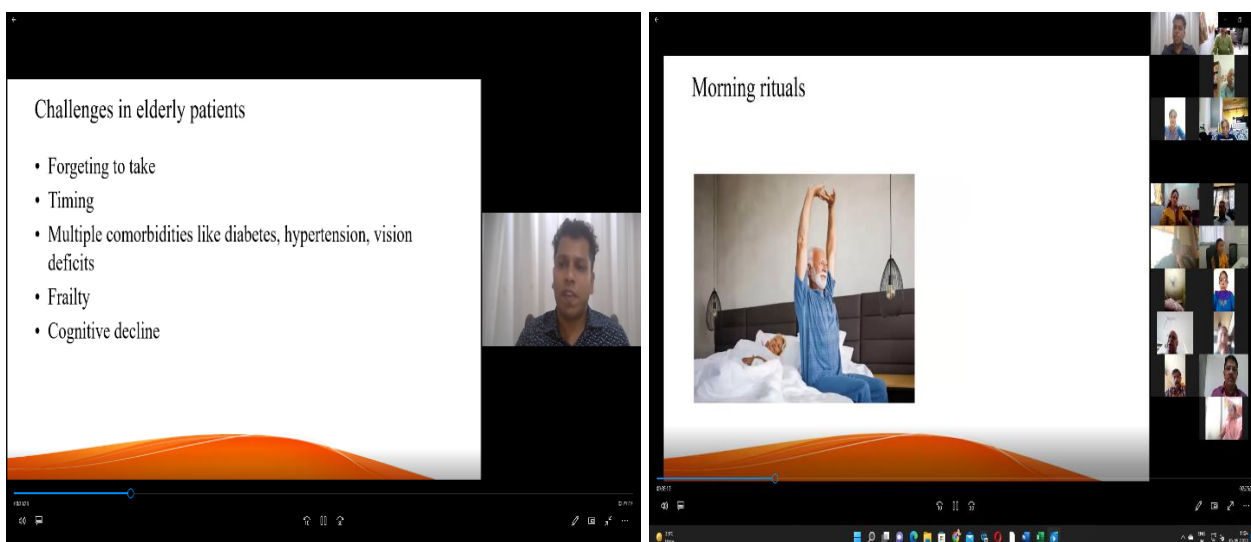
Two Regional online workshop.

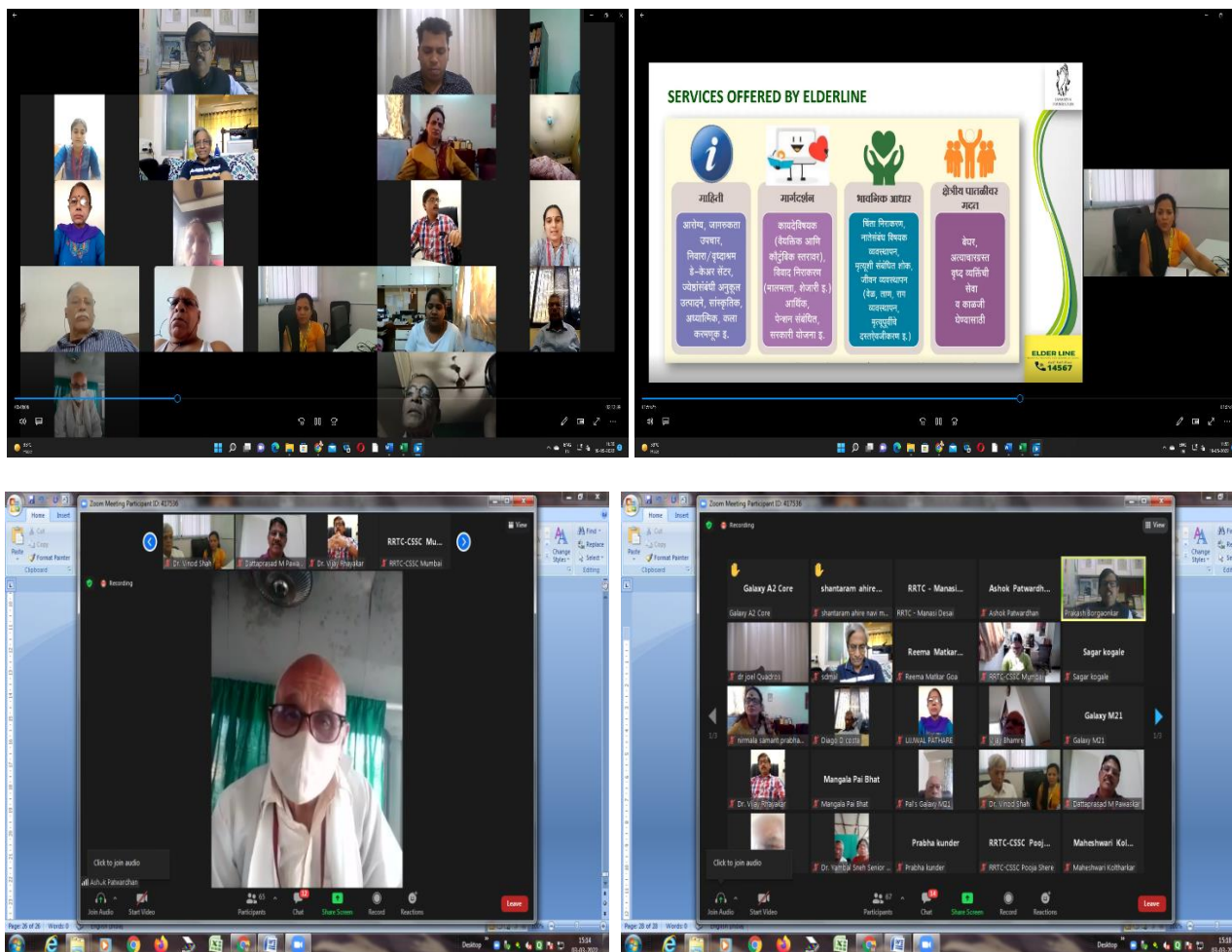
1. In Association with Help Age India On “Issues of Senior Citizens” On **3rd March, 2022**, 2 pm to 5 pm.

Speakers & Topic

- **Dr. Joel Quadros**, Assistant Prof. Goa Medical College
Topic-Scenario, Prevention & care of cardiovascular disease in senior citizens.
- **Dr. Ashok Patwardhan**, MBBS, DGO DFP, Help Age India, Goa
Topic- Need of active living for healthy ageing
- **Dattaprasad M. Pawaskar**, Manager (RM), Help Age India, Goa
Topic- Importance of Digital Connection and Helpline for Elders.
- **Dr. Vinod Shah** (MD) Chairman, Janaseva Foundation, Pune
Topic- Awareness of National Elder Line
- **Prakash Borgaonkar**, Help Age India Head, Maharashtra & Goa – Moderator

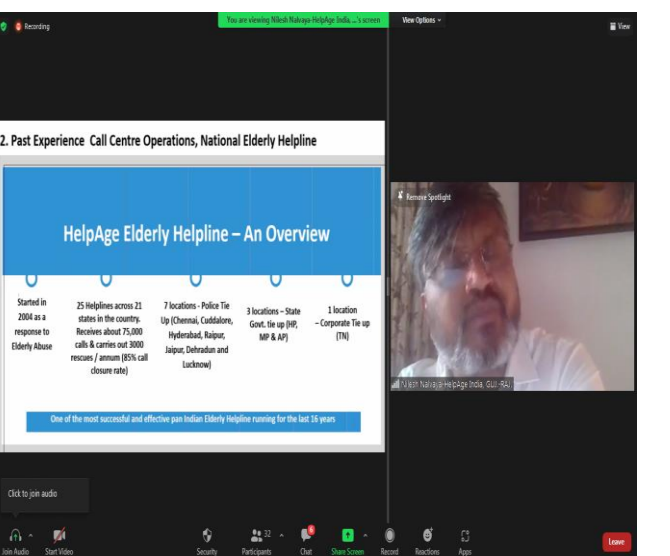
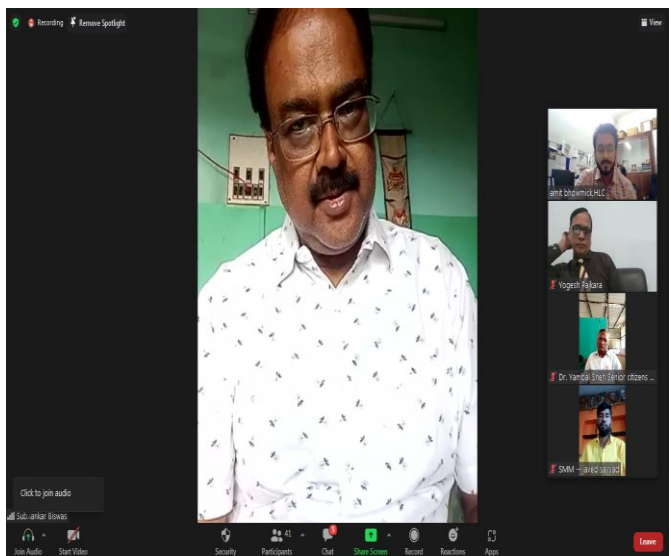
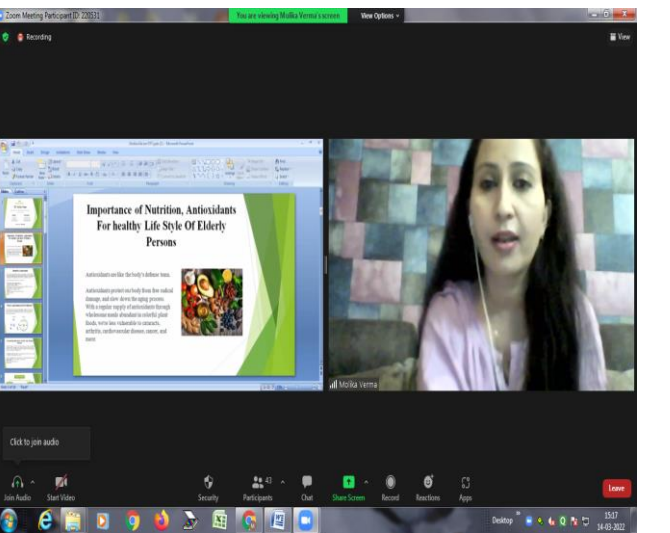
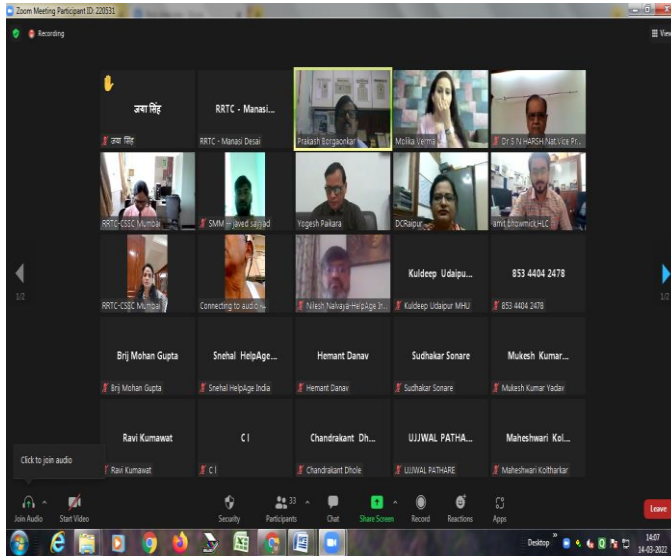
Photos of Regional Workshop 1





2. In Association with Help Age India On “Issues of Senior Citizens” On **14th March, 2022**, 2 pm to 5 pm.
 - **Dr. Arvind Neral** Prof. HOD Dept. of Pathology PT. J.N.M. Medical College Raipur, Chhattisgarh.
Topic- Antioxident for Healthy life style of Elderly
 - **Dr. Molika Verma**, Corporate Nutritionist, Head of Dept. In Heart Hospital, Jaipur
Topic - Importance of Nutrition
 - **Mr. Subhankar Biswas**- State Head, Chhattisgarh, Help Age India, Raipur
Topic- Awareness & work of National Elder line 14567
 - **Mr. Nilesh V. Nalvaya** , Director, Gujrat & Rajasthan, Help Age India, Ahmedabad.
Topic- Help Age Elderly helpline- Overview

Photos of Regional Workshop 2



• MJSE directed of conducting awareness campaigns on all aspects such as provisions of MWPS Act., positive attitude towards the elderly vulnerabilities of senior citizens including awareness on various welfare schemes for senior citizens;

- Under the same we received mail of Annual Action Plan for offline programs on 10th December, 2021 from NISD for the Financial year 2021-2022.
- We proposed 10 programs under Elderly Issue on, Parent Maintenance, policies and programs (MWPS Act, 2007).
- On January 21,2022 we received sanction order of the program.

NISD ONE DAY OFFLINE AWARENESS 10 PROGRAMMES ON "ELDERLY ISSUES"			
Program No	Date	Speakers	Topic
Navi Mumbai, Police Department-C.B.D Belapur, Navi Mumbai.			
1	11.02.2022	Mr. Abhishek Shivtare, DCP, Navi Mumbai	Inagural Address
		Adv. Nirmala Samant Prabhavalkar, Chief Functionery RRTC	Demography of Sr. Citizens, Current Scenario & Govt. Policies
		Mr. Smitesh Shah, Project Manager, Elderline-14567,Janseva foundation,Pune	National Helpline 14567 For Sr. citizens by Ministry of Social Justice & Empowerment (GOI) & assistance from the local Police Stn. For Seniors
		Mr. Ramesh Tripathi,Advocate High Court Mumbai	Silent features of MWPSC Act 2007 and protection of the right of Sr.Citizens
		Mrs. Neha Khare, Founder, Yes I Can Foundation.	Issues of senior Citizens
Mumbai City, DLSA Swayam Foundation & Mumbai Marathi Patrakar Sangh-Patrakar Bhavan, Fort.			
2	15.02.2022	Smt. Urmila Sachin Joshi-Phalke, Chairperson, DLSA, Mumbai City	Inagural Address(Chief Guest)
		Adv. Nirmala Samant Prabhavalkar, Chief Functionery RRTC	Demography & Ageing Scenario in India.
		Mr. Hitendra Wani, Member Secretary, DLSA, Mumbai City,	An overview of the Maintenance and Welfare of Parents and Senior Citizens Act 2007.
		Mr. Nilesh Vaijayanti Bhagavan Pavaskar,Adv. High Court, Mumbai	How to Safeguard the Property Right Of Sr. Citizens and Importance of Legal documents
		Mr. Prakash Borgaonkar, Help Age India, Head-Maharashtra & Goa	Experience with Sernior Citizens

Raigad Police Department-Janjira Hall			
3	25.02.2022	Mr. Ashok Dudhe, SP, District Raigad,	Inagural Address
		Adv. Neelam Hazare,Vice Principal, Janata Shikshan Mandal, Law College, Alibag - Raigad	Silent features of MWPSA Act 2007 and protection of the right of Sr.Citizens
		Mr. Smitesh Shah, Project Manager, Elderline- 14567,Janseva foundation,Pune	National Helpline 14567 For Sr. citizens by Ministry of Social Justice & Empowerment (GOI) & assistance from the local Police Stn. For Seniors
DLSA, Mumbai Suburban & Family Court, Mumbai-Children's Complex Hall, Bandra[E]			
4	28.02.2022	Mr. Prasad Palsingankar, Principal Gudge,Chairman DLSA, Satish B. Hiwale, Secretary, DLSA	Inagural Speech
		Mr. Padmakar Rokade, Divisional Officer and Presiding Officer, Sr. Citizens Maintainance Tribunal [Eastern Suburb] MSD	How to Safeguard the Property Right Of Sr. Citizens and Importance of Legal documents
		Mr. Vasant Bhange, Advocate High Court, Mumbai.	An overview of the Maintenance and welfare of Parents and Senior Citizens Act,2007
Thane, Police Department-CP Office Building, Thane [W]			
5	02.03.2022	Mr. Ganesh Gawde, DCP, Police Head Quarter 2, Thane City [Chief Guest]	Inagural Address
		Mr. Smitesh Shah, Project Manager, Elderline-14567, Janaseva foundation,Pune	National Helpline 14567 For Sr. citizens by Ministry of Social Justice & Empowerment (GOI) & assistance from the local Police Stn. For Seniors
		Adv. Nirmala Samant Prabhavalkar, Chief Functionery RRTC	Silent features of MWPSA Act 2007 and protection of the right of Sr.Citizens
Nashik City Police Commissionerate-Commissioner of Police Office			
6	05.03.2022	Mr. Smitesh Shah, Project Manager, Elderline-14567, Janaseva foundation, Pune	National Helpline 14567 For Sr. citizens by Ministry of Social Justice & Empowerment (GOI) & assistance from the local Police Stn. For Seniors

		Adv. Nirmala Samant Prabhavalkar, Chief Functionery RRTC	Entire MWPSA Act, 2007 Welfare Provision, Role of Police under this Act.
Pune Commissioner of Police Office-Commissioner of Police Office Pune			
7	12.03.2022	Mr. Smitesh Shah, Project Manager, Elderline-14567,Janseva foundation,Pune	National Helpline 14567 For Sr. citizens by Ministry of Social Justice & Empowerment (GOI) & assistance from the local Police Stn. For Seniors
		Adv. Nirmala Samant Prabhavalkar, Chief Functionery RRTC	Entire MWPSA Act, 2007 Welfare Provision, Role of Police under this Act.
		Mr. Prakash Borgaonkar, Help Age India, Head-Maharashtra & Goa	Need & Importance of MWPSA Act, 2007
Sindudurg ,DLA & Swastik Foundation Sanchalit Divija Vrddhashram-Divija Vrddhashram			
8	22.3.2022	Smt. Deepika Rambade, President Swastik Foundation Divija Old Age Home	Address by the Hon'ble Guest
		Shri. D.B.Mhalatkar, Secretary,DLA,Sindudurg	Address by the Chief Guest
		Mr. Smitesh Shah, Project Manager, Elderline-14567,Janseva foundation,Pune	National Helpline 14567 For Sr. citizens by Ministry of Social Justice & Empowerment (GOI) & assistance from the local Police Stn. For Seniors
		Adv. Nirmala Samant Prabhavalkar, Chief Functionery RRTC	Entire MWPSA Act, 2007 Welfare Provision, Role of Police under this Act.
		Smt. Vaishali Rajmane, Sub Divisional Officer(Revenue), Kankavli	Work of the Tribunal under MWPSA Act,2007
Sindudurg ,SP Police -Conference Hall,Office of Sindhudurg Police			
9	23.2.2022	Shri Rajendra Dhabade, SP	Inagural Speech
		Mr. Smitesh Shah, Project Manager, Elderline-14567,Janseva foundation,Pune	National Helpline 14567 For Sr. citizens by Ministry of Social Justice & Empowerment (GOI) & assistance from the local Police Stn. For Seniors
		Adv. Nirmala Samant Prabhavalkar, Chief Functionery RRTC	Entire MWPSA Act, 2007 Welfare Provision, Role of Police under this Act.

DLSA, Raigad Alibag-District Court Premises			
10	29.2.2022	Shri Sandeep Swami, Secretary,DLSA, Raigad, Alibag	Welcome Address
		Adv. Nirmala Samant Prabhavalkar, Chief Functionary RRTC	MWPSC Act, 2007 Welfare Provision, Role of Police under this Act.
		Tribunal Officer, Raigad, Alibag	Work of the Tribunal under MWPSC Act, 2007.

Summary of the 6 programs held with Maharashtra Police Training Academy:

The topics of the sessions enlightened the participants and it was extremely important for the police to know that the MWPSC Act, 2007 has three penal sections under which the police can file FIR, arrest (imprison) the abuser for elder abuse, cheating, fraud and their abandonment. They were made aware to visit old age homes to find out the elder abuse caused by relatives and also to help voluntary organisations for their hospitalization, covid vaccination, claiming of dead bodies and funerals etc.

The Police, Sr. Citizen groups and the participants understood how to use the NISD National Elder line 14567 in case of domestic or abandoned elder person. Janaseva Foundation from Pune has been selected to operate the above elder line for State of Maharashtra. For creating the awareness of the elder line, CSSC-RRTC organized district sessions and the Project Manager of Janaseva Foundation gave power point presentation and information of Elder line. He gave success stories of reunion of the elderly person who were found on the street. The Participants were motivated to take advantages of the above elder line to reconnect the lonely Sr. Citizens and also to help in any such manner which they can.

Summary of the 4 programs held with Maharashtra Distric Legal Services Authority:

Maharashtra Legal Services Authority directed the DLSA to conduct the district wise programs for creating the awareness in the society for the rights of Sr. Citizens under MWPSC Act, 2007. Accordingly, we conducted four awareness programs with help of resource persons, Tribunal (Sub Divisional) Officer (SDO's), Judicial officers, Fescom & NGO's.

The speakers enlightened the participants (Advocates, PLV's, Sr. Citizens, NGO's) that the justice is available to the needy Sr. Citizens who are deprived from their own properties and are homeless. This Act gives justice to the Sr. Citizens to get maintenance amount from the beneficiaries. There were many other provisions of the Act and various judgements given by the court were communicated to the participants. CSSC-RRTC assured them the advice help, guidance in future.

Thane Program photos



Nashik Program photos



Navi Mumbai Program Photos



Pune Program Photos



Raigad program photos



Sindhudurg SP Office photos



Photos of Four programs held with Maharashtra Distric Legal Services Authority

Mumbai City, DLSA Swayam Foundation & Mumbai Marathi Patrakar Sangh-Patrakar Bhavan, Fort.



DLSA, Mumbai Suburban & Family Court, Mumbai-Children's Complex Hall, Bandra[E]



DLSA, Raigad Alibag-District Court Premises



Sindudurg, DLSA & Swastik Foundation Sanchalit Divija Vruddhashram-Divija Vruddhashram



Visit to Old age homes to understand the issues, difficulties:

CSSC-RRTC visited 5 non-funded old age homes during the above programs.

1. Smit Old Age home, Thane, Maharashtra
2. Niwara Old Age home, Pune, Maharashtra
3. Divija Old Age home, Kankavali, Sindhudurg, Maharashtra.
4. Sahara Old Age home, Nashik, Maharashtra.
5. Swami Samarth Old Age Home, Alibag, Raigad, Maharashtra

Observations of Beneficiaries:

1. As per our observation most of the Sr. Citizens had blood relatives
2. More than majority of them were in old age home out of compulsion.
3. Some of them found on road had no govt. documents such as adhar card or any other identity.
4. Most of them were suffering from depression, dementia, other mental and physical diseases. (cancer, heart, diabetic, blood pressure etc.)
5. No visit by relatives was major reason for the depression.
6. Relatives were found deliberately dumping them into the old age home and not taking up their responsibilities such as old age home nominal charges, home visit , medicines etc.
7. Refusal to eat food and sometimes non-cooperation to the caregivers.

Observation of Old Age Home:

1. Shortage of funds to run the Organisation.
2. Non-cooperation from police, Govt. for govt. documentation.
3. Non-cooperation by nearby hospitals/Doctors in case of emergency.
4. Cooperation by NGO's, Sr. Citizens organization/Lion club/Rotary clubs etc.
5. Donation, sponsorship supply of medicines, groceries and essential items.
6. The management runs the old age homes in spite of many difficulties.

Suggestions: The Government needs to identify such old age homes which are poorly managed due to paucity of funds. The corporate sector needs to adopt old age homes to support the good cause. The college students, need to give voluntary services to help the abandoned elders. The society at large owe the responsibility to visit such homes on various occasions and can adopt a few Sr. Citizens.

CSSC-RRTC visited 5 non-funded old age homes during the above programs

Smit Old Age home, Thane, Maharashtra



Sahara Old Age home, Nashik, Maharashtra



Niwara Old Age home, Pune, Maharashtra



Divija Old Age home, Kankavali, Sindhudurg, Maharashtra



Swami Samarth Old Age Home, Alibag, Raigad, Maharashtra



Our Role of RRTC towards GIA Old Age Home

- We give technical assistance and provide information to submit the applications for submission of ongoing projects as per the direction of MSJE's portal.
- We take complete follow up of getting update if ongoing projects application uploaded by the organizations.
- If the Ministry decides to submit the application for new projects, then accordingly, we give them the said information.
- We inform organization of GIA to apply for gap districts for new projects (old age home)
- We guide them for PFMS data entry.
- We frequently counsel them to maintain the old age home clean, neat, hygienic as per the standard mandate of MSJE.
- We give surprise visit to GIA old age home.
- We give technical advice to the management in case of updating the chart of Sr. citizens and informing the Ministry in case of death of existing beneficiary & registration of new admission.
- We give them technical guidance to display on their notice board the daily, weekly food chart. Keep available first aid box, medicines & display list of nearby hospital, doctors, police station, ambulance etc.
- We compel them to join our online webinars on various issues of Sr. Citizens.
- We conducted three days Geriatric Care training especially for GIA Old Age Homes.

Visit of (GIA) old age home Madh, Mumbai, Maharashtra.



Azadi Ka Amrut Mahotsav @75:

RRTC Received the letter on 19th April, 2021. Special Programme assigned by the Ministry like India@75 Programme scheduled has already been given by the Ministry with names of the projects to be inaugurated as per the tentative schedule given for India@75 events. RRTC's given the schedule of the programme of India@75 also in their AAP 2021-22.

Inauguration done by CSSC-RRTC as under:

Sr.No.	Name of Event	Tentative Schedule /Event Date	Inauguration Date	Week	State/ District	Org. Name
1	Inauguration of Sr. Citizen Home	June, 2021	28-08-2021	4th Week	Goa, North Goa	Jogeswari Gramin Vikas Sevabhavi Sanstha
2	Inauguration of Sr. Citizen Home	October, 2021	03-10-2021	1st Week	Rajasthan, Dausa	Youth Rural Development Trust
3	Inauguration of Sr. Citizen Home	December, 2021	Yet to be inaugurated (No response from them on email and call)	5th Week	Goa, South Goa	Aai Mogra Mahila Mandal
4	Inauguration of Sr. Citizen Home	February, 2022	22-02-2022	3rd Week	Rajasthan, Alwar	Mani Singh Seva Society
5	Inauguration of Sr. Citizen Home	February, 2022	05-03-2022	1st Week	Rajasthan, Jaipur	Vinayak Research and Welfare Society
6	Inauguration of Sr. Citizen Home	June, 2022	In the process	1st Week	Rajasthan	Manav Vikasavam Adhikar Kendra Sanstha

Summary of Reimbursement for Inauguration:

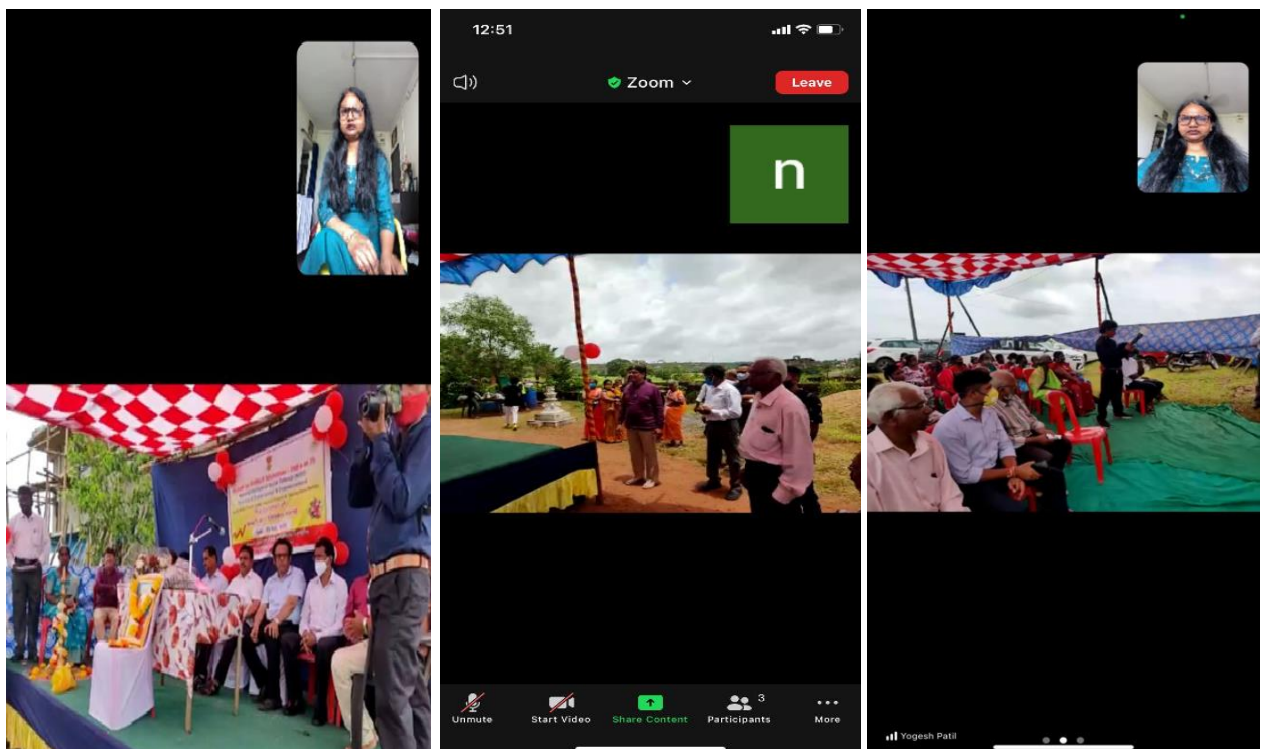
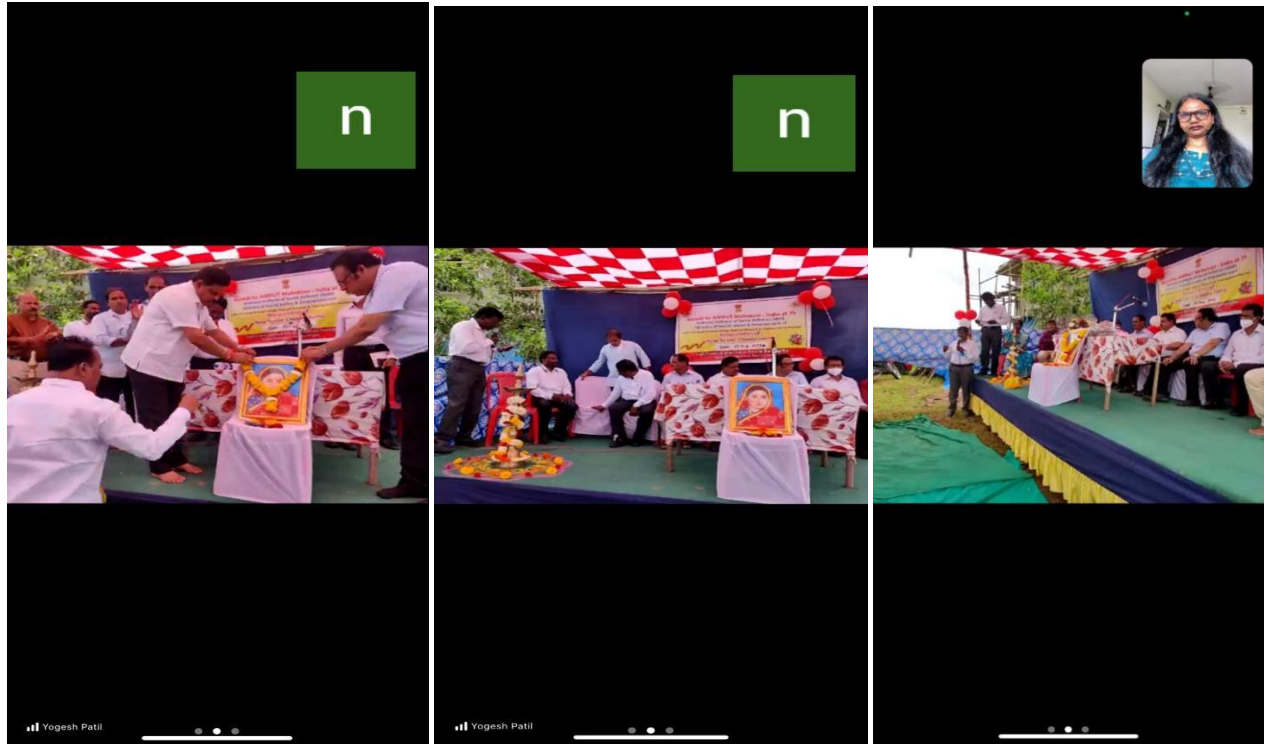
1. North Goa have not submitted the accounts, pics, report, bills & UC for reimbursement.
2. Youth Rural Development has submitted all the documents- Fund Released by NISD
3. Mani Singh Seva Society have not submitted the accounts, pics, report, bills & UC for reimbursement.
4. Vinayak Research and Welfare Society has submitted incomplete documents.

Inauguration Photos of Old Age Home

Jogeswari Gramin Vikas Sevabhavi Sanstha

North Goa

We have attended the inauguration function online on zoom. Our representative Mr. Irshad Shaikh attended the program at North Goa. He is Vice President of the Sindhudurg Vidyaniketan. It is a Educational Trust.



Youth Rural Development Trust Rajasthan, Dausa

Our representative Mr. Shashi Prakash, Secretary of Opium de-addiction Trust, Manaklao, Jodhpur attended the inauguration function at Rajasthan, Dausa.

8

जयपुर, सोमवार, 4 अक्टूबर, 2021

दैनिक नवज्योति

आपके लिए, आपके साथ

यूथ रूरल डेवलपमेंट ने वृद्धजनों का किया सम्मान

न्यूज सर्विस/नवज्योति, मेहंदीपुर बालाजी। कस्बे में टोडाभीम रोड के पास स्थित श्रीबालाजी वृद्धजन आवास गृह में रविवार को अंतरराष्ट्रीय वृद्धजन दिवस समारोह मनाया गया। जहाँ अतिथियों ने वृद्धजनों का सम्मान किया। कार्यक्रम में पूर्व मंत्री रामस्वरूप मीणा ने कहा कि परिवार के बड़े बुजुर्गों की सेवा व सम्मान करना हमारा प्रथम कर्तव्य है, इसके लिए हम सभी को हमेशा तत्पर रहना चाहिए। उन्होंने कहा कि वृद्धजन समाज की पूंजी होते हैं, जिन्हें संजोकर रखना हमारा दायित्व बनता है। भाजपा नेता पूर्व प्रधान राजेंद्र मीणा ने कहा जब तक हम



परिवार के बच्चों में संस्कार भाव विकसित नहीं करेंगे, तब तक वे बड़े बुजुर्गों का सम्मान करना नहीं सीखेंगे। इसके लिए बच्चों को गुणवत्तायुक्त शिक्षा के साथ संस्कार भाव की सीख देने वाली शिक्षा दिलाना बहुत जरूरी हो गया है। उन्होंने कहा कि चाहे हम काम-धंधे या नौकरी-पेशा में कितने भी बड़े ओहदे पर पहुँच जाए, लेकिन माता-पिता के लिए हम हमेशा बच्चे ही रहेंगे। उन्होंने वृद्धजन आश्रम के लिए 5 लाख का सहयोग देने का भरोसा दिलाया। कार्यक्रम के विशिष्ट अतिथि मीणा

सीमला सरपंच शिवचरण योगी ने कहा जिस प्रकार हम भगवान की सेवा पूजा करते हैं उसी प्रकार हमें माता-पिता की भी सेवा करनी चाहिए। इससे उनका पुण्य फलदायी आशीर्वाद हमें मिलता है। कार्यक्रम में भाजपा नेता भागीरथ सिंह उदयपुरा, युनिवर्सल कॉलेज के प्राचार्य हंसराम गुर्जर ने भी विचार व्यक्त किए। इस दौरान सक्षम संस्था के प्रदेश संगठन मंत्री कमल कुमार, लाखनसिंह उदयपुरा, कांग्रेस नेता सत्येंद्र शर्मा, यूथ रूरल डेवलपमेंट संस्था के कृष्णवल्लभ, कनकलता मालाणी, नवल गुर्जर, हाकिम सिंह पावटा समेत कई लोग मौजूद रहे।



अंतरराष्ट्रीय वृद्धजन दिवस • यूथ रूरल डेवलपमेंट ने वृद्धजनों का सम्मान किया बच्चों को संस्कारयुक्त शिक्षा से वृद्धजनों का सम्मान संभव

भास्कर मुखर्जी | मेहंदीपुर बालाजी

कस्बे में टोडाभीम रोड के पास स्थित श्री बालाजी वृद्धजन आवास गृह में रविवार को अंतरराष्ट्रीय वृद्धजन दिवस समारोह मनाया गया। अतिथियों ने वृद्धजनों का सम्मान किया। पूर्व मंत्री रामस्वरूप मीणा ने कहा कि परिवार के बड़े बुजुर्गों की सेवा व सम्मान करना हमारा प्रथम कर्तव्य है, इसके लिए हम सभी को हमेशा तत्पर रहना चाहिए। उन्होंने कहा कि वृद्धजन समाज की पूंजी होते हैं, जिन्हें संजोकर रखना हमारा दायित्व बनता है। भाजपा नेता पूर्व प्रधान राजेंद्र मीणा ने कहा जब तक हम परिवार के बच्चों में संस्कार भाव विकसित नहीं करेंगे, तब तक वे बड़े बुजुर्गों का सम्मान करना नहीं सीखेंगे। इसके लिए बच्चों को गुणवत्तायुक्त शिक्षा के



उन्होंने वृद्धजन आश्रम के लिए 5 लाख रुपए का सहयोग देने का भरोसा दिलाया। विशिष्ट अतिथि मीणा सीमला सरपंच शिवचरण योगी ने कहा कि जिस प्रकार हम भगवान की सेवा पूजा करते हैं उसी प्रकार हमें माता-पिता की भी सेवा करनी चाहिए। इससे उनका पुण्य फलदायी आशीर्वाद हमें मिलता है। कार्यक्रम में भाजपा नेता भागीरथ सिंह उदयपुरा, युनिवर्सल कॉलेज के प्राचार्य हंसराम गुर्जर ने भी विचार व्यक्त किए। इस दौरान सक्षम संस्था के प्रदेश संगठन मंत्री कमल कुमार, लाखनसिंह उदयपुरा, कांग्रेस नेता सत्येंद्र शर्मा, यूथ रूरल डेवलपमेंट संस्था के कृष्णवल्लभ, कनकलता मालाणी, नवल गुर्जर, हाकिम सिंह पावटा आदि मौजूद रहे।



Mani Singh Seva Society

Rajasthan, Alwar

Our representative Mr. Shashi Prakash, Secretary of Opium de-addiction Trust, Manaklao, Jodhpur attended the inauguration function at Rajasthan, Alwar



मनीसिंह सेवा सोसायटी की ओर से वरिष्ठ नागरिक गृह के उद्घाटन पर मौजूद अतिथि।

वरिष्ठ नागरिक गृह का किया उद्घाटन

अलवर | मनीसिंह सेवा सोसायटी की ओर से आजादी के अमृत महोत्सव के दौरान राठ नगर डबल फाटक के पास वरिष्ठ नागरिक गृह का उद्घाटन किया गया। समारोह क्षेत्रीय संसाधन एवं प्रशिक्षण केंद्र मुम्बई के सहयोग से हुआ। मुख्य अतिथि जिला विधिक सेवा प्राधिकरण के सचिव सुनील गोयल ने बुजुर्गों को उनके अधिकारों की जानकारी दी। अतिथियों का अध्यक्ष तारीफ सिंह ने स्वागत किया। इस मौके पर विशिष्ट अतिथि जोधपुर के शशि प्रकाश, सेवानिवृत्त कर्नल सुनील दत्त, एल्डर लाइन के परियोजना प्रबंधक प्रशांता स्वर्णकार सहित रजनी कौर, मुकंदर सिंह, हरप्रीत कौर, वीपी सिंह मौजूद रहे।



Vinayaka Research & Welfare Society Rajasthan, Jaipur

Our representative Mr. Shashi Prakash, Secretary of Opium de-addiction Trust, Manaklao, Jodhpur attended the inauguration function at Rajasthan, Jaipur

पवन धाम निःशुल्क आवासीय वृद्धाश्रम उद्घाटन समारोह

न्यूज सर्विस/नवज्योति जयपुर। ग्राम पंचायत मीणा की ठाणी रिंग रोड के पास स्थित पवन धाम निःशुल्क आवासीय वृद्धाश्रम का सामाजिक न्याय एवं अधिकारिता मंत्रालय के निर्देशानुसार संचालनकर्ता संस्था विनायक रिसर्च एण्ड वेलफेयर सोसायटी द्वारा वृद्धाश्रम का उद्घाटन समारोह का आयोजन किया गया। जहाँ मुख्य अतिथि सरपंच श्रीमति सरिता मीणा व विशेष अतिथि आरआरटीसी सचिव श्रीमान शशि प्रकाश जी द्वारा संस्था महाप्रबंधक धनकंवर भट्ट की उपस्थिति में रिबन काटकर वृद्धाश्रम का उद्घाटन किया गया। कार्यक्रम के अंश पर विशेष अतिथि श्रीमान शशि प्रकाश जी ने कहा कि परिवार के बड़े बुजुर्गों का सम्मान करना हमारा कर्तव्य है। हमें इसके लिए हमारी आने वाली पीढ़ी अर्थात् परिवार के बच्चों को यह संस्कार भाव विकसित करना अति आवश्यक है।



सरपंच श्रीमति सरिता मीणा ने कहा वृद्धाश्रम में माता-पिता की सेवा करो तथा उनकी हर उपाश को पूरा करना एक संतान का दायित्व है, किसी अच्छे कर्म की शुरुआत से पूर्व बड़े बुजुर्गों का आशीर्वाद लेना हमारी परम्परा रही है। वृद्धाश्रम यह स्थान है जहाँ उम्र दराज लोगों को लोग छोड़ आते हैं। मैं धन्यवाद देती हूँ संस्था को वो कि उनके कारण इस प्रकार की स्थिति में जो बुजुर्ग हैं। उनको संस्था द्वारा सभी सुविधाएं निःशुल्क प्रदान की जा रही हैं। संस्था महाप्रबंधक धनकंवर भट्ट ने समारोह में आए सभी अतिथियों का सहृदय से धन्यवाद प्रकट करते हुये सभी से आग्रह किया की जिन बुजुर्गों को वृद्धाश्रम की सुविधाओं की आवश्यकता है उन तक आश्रम की जानकारी पहुंचाने में संस्था की सहायता अवश्य करें।



CSSC-RRTC Other Trainings for the year 2021-2022

Considering the gap between unemployment and the demand for skilled care to Sr. citizens – CSSC-RRTC in the year 2021 has started Geriatric care certificate course under the Aegis of the ministry of social justice & Empowerment Govt. of India.

The curriculum or the modules of the course are designed by us with the help of the medical and academic experts. Each module takes care of the need and requirements as per the educational background of the trainee. The objective of the course is to reach out to maximum areas such as Health Sector, Educational Institute, Sr citizens, individuals.

Our first pilot project (Batch I) with Mahila Aarthik Vikas Mahamandal (Mavim state govt of Maharashtra):

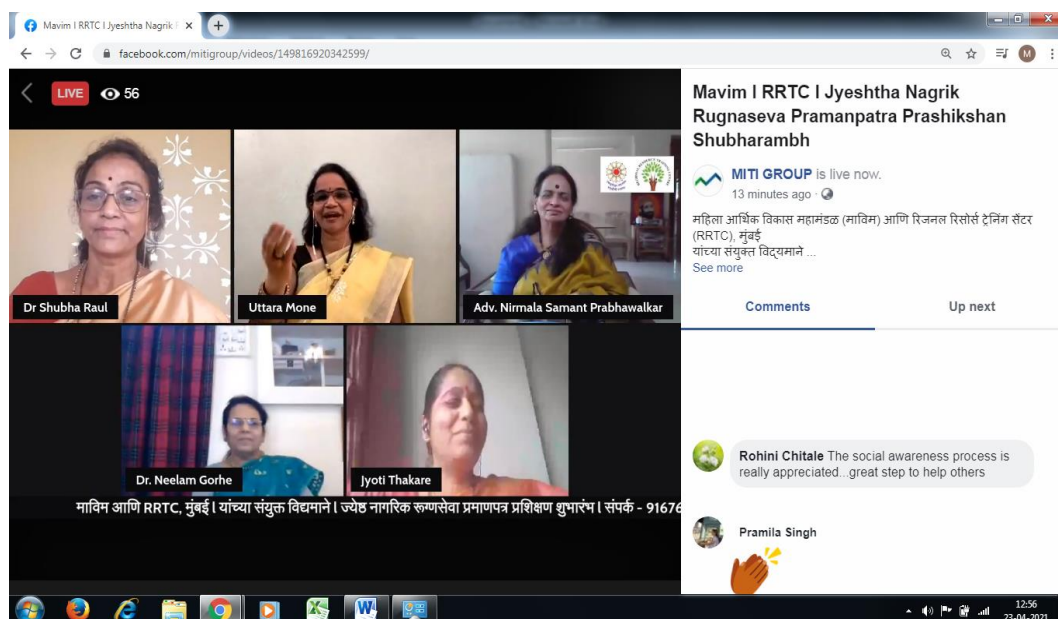
Lead Trainee partner: Echoing Healthy Aging Foundation,

Sponsored: Aarti drugs (Tarapur MIDC, Dist. Palghar)

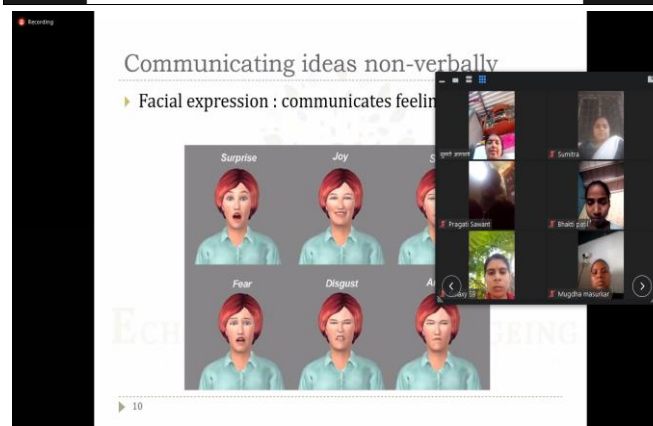
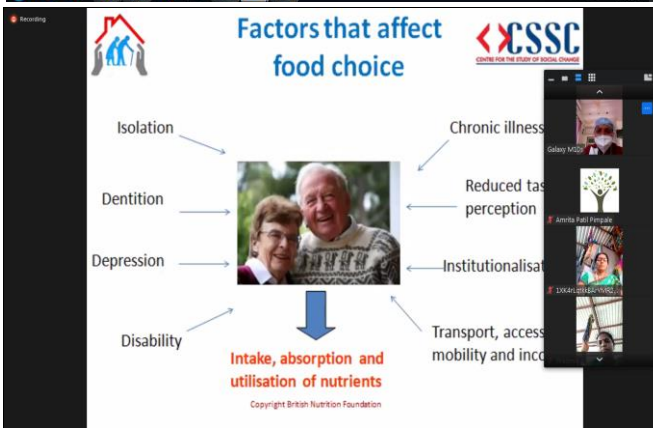
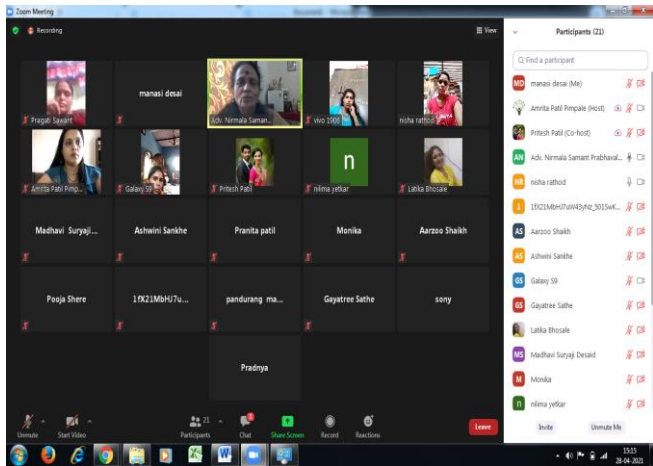
Details as under:

Sr.No	Date	Particulars	Course Name	Speakers	Trainee
1	03-05-2021	Batch I (12 sessions-Online) Inauguration program	Geriatric Care Giver Course	Dr. Nilam Gorhe (Deputy Minister, Maharashtra Vidhan Parishd), Dr. Shubha Raul (Covid Task Force), Mrs. Jyoti Thakare (MAVIM), Prakash Patil (CEO, Aarti Drug Limited)	30

Online Inauguration of First Batch



Photos of Online Care Giver Course Course Batch I



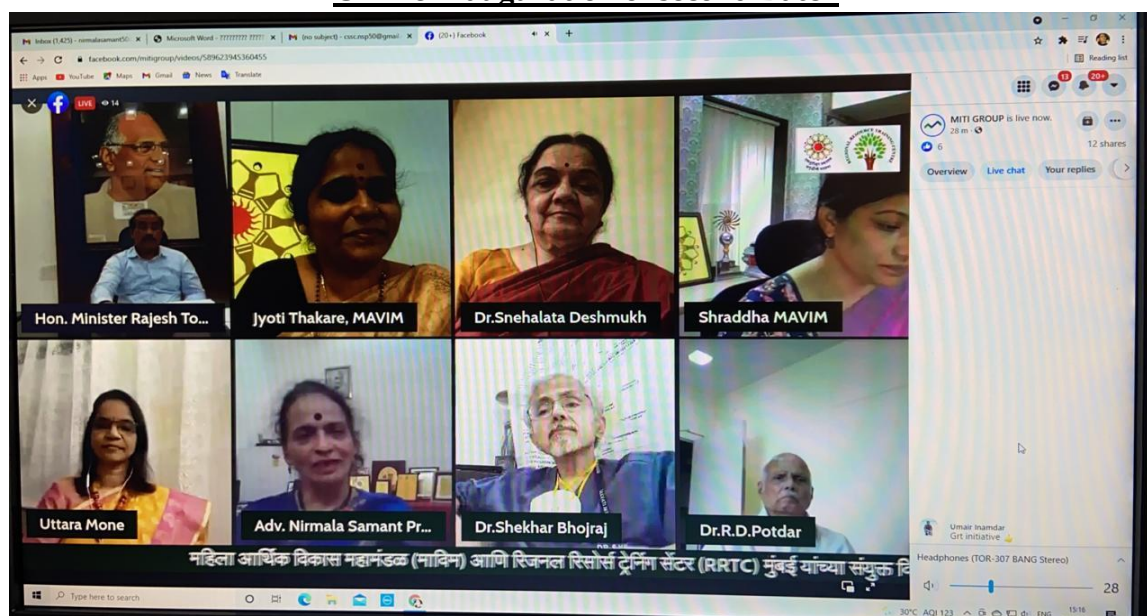
Our First pilot project successfully completed. We conducted (Batch II) with Mahila Aarthik Vikas Mahamandal (Mavim state govt of Maharashtra):

Lead Trainee partner: Echoing Healthy Aging Foundation,

Sponsored: Aarti drugs (Tarapur MIDC, Dist. Palghar)

Sr.No	Date	Particulars	Course Name	Speakers	Trainee
2	04-08-2021	Batch II I (12 sessions-Online) Inauguration program	Geriatric Care Giver Course	Chief Guest Rajesh Tope (Health Minister of Maharashtra) , Dr. Snehlata Deshmukh, Smt. Jyoti Thakare ,Smt. Shreddha Sharma, Shri. Prakash Patil, Dr. Shekhar Bhojraj.	30

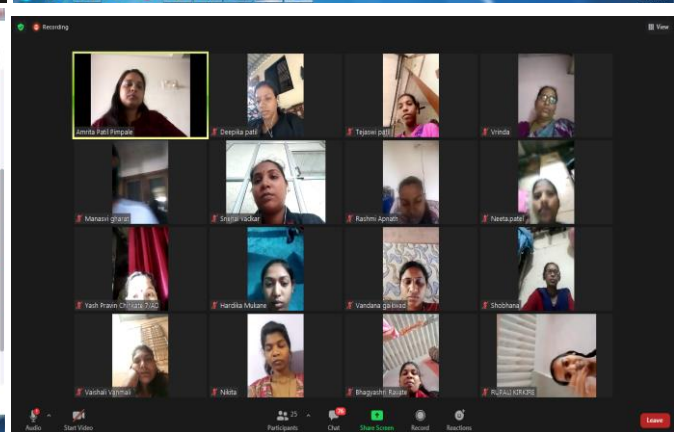
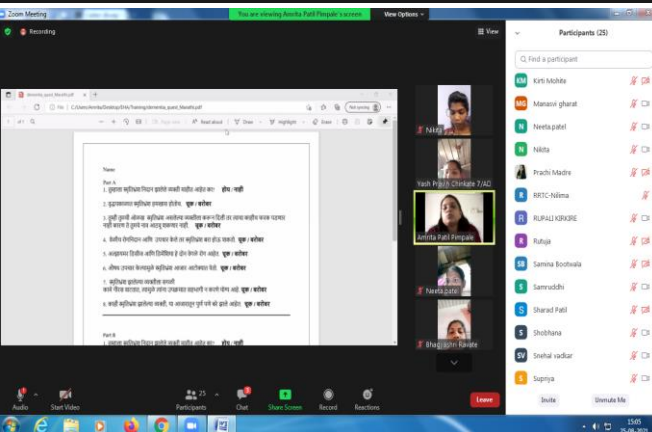
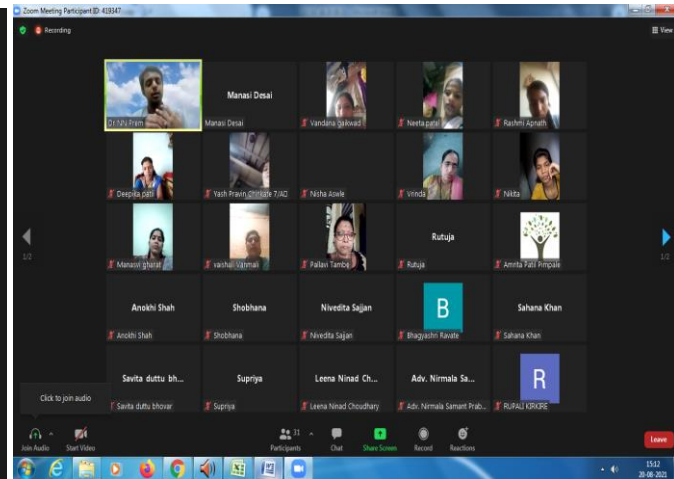
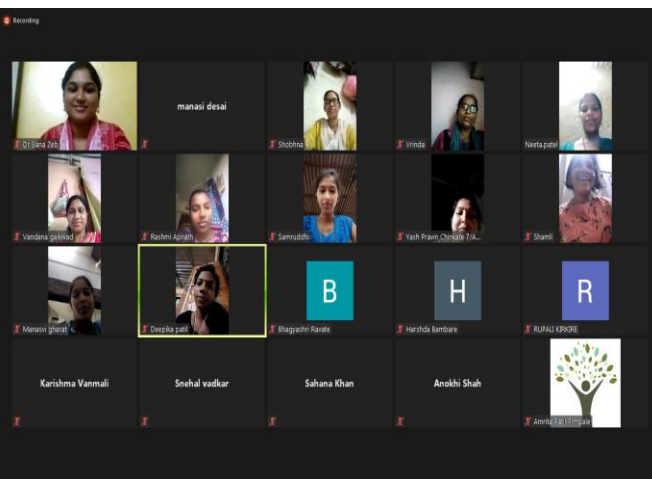
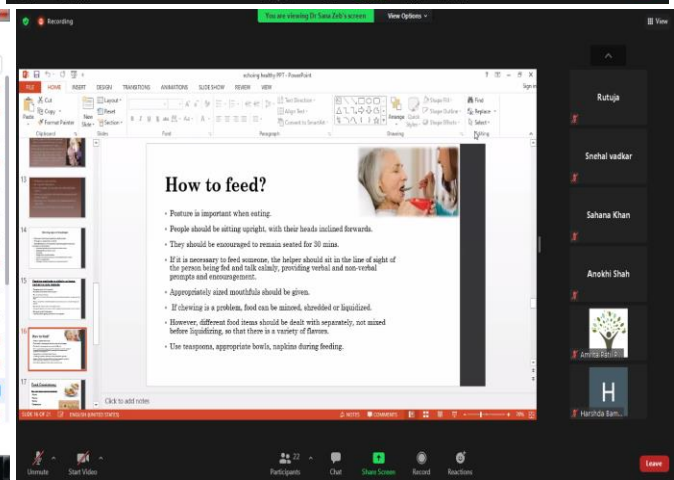
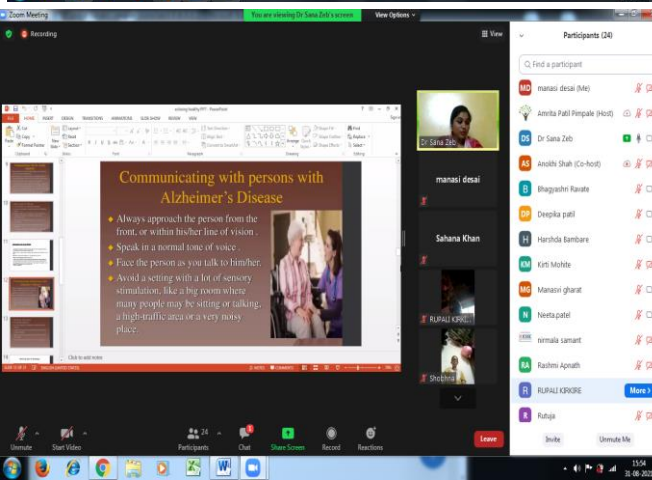
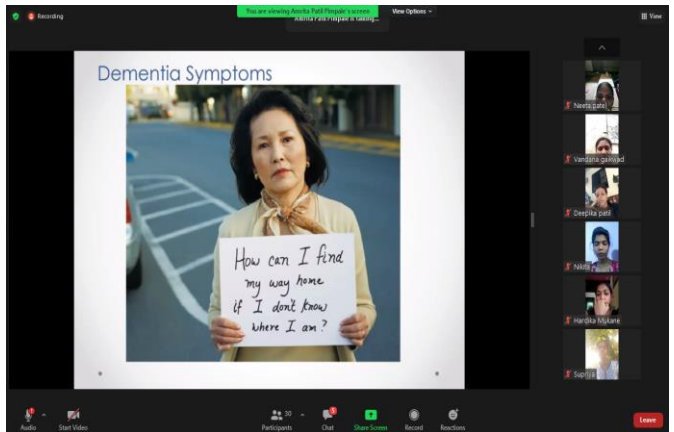
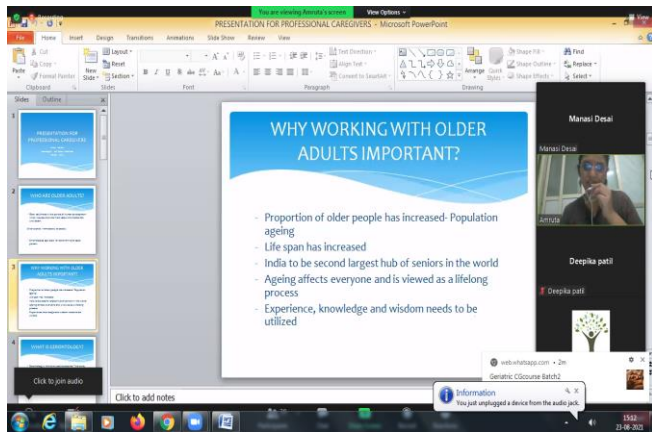
Online Inauguration of second Batch



Certificated Distribution



Photos of online Care Giver Course Course Batch II



Training of the Trainer Certificate Course at CSSC under RRTC :

Sr.No	Date	Particulars	Course Name	Speakers	Trainee
3	20 th Sep,2021 to 20 th Oct,2021	Care Giver Course (TOT) Training Partner Nair College, Mumbai, M.s (Primary Teachers of Anjuman I Islam	"Training of the Trainer Certificate Course" for Geriatric Care (12 Sessions)	Chief Guest Smt. Kishori Pednekar, Hon'ble Mayor, Mumbai. 2) Dr. Zakir Kazi, Hon. President Anjuman-I-Islam (Inaugurated)	30

Training Schedule

Sr. No	Date		Topic	Faculty
1.	20/09/2021	Monday	Ageing	Amruta Loverkar
2.	22/09/2021	Wednesday	Physical Health in elderly	Dr. Girish Rajadhyaksh
3.	24/09/2021	Friday	Mental health in elderly	Dr. Prajakta Patkar
4.	27/09/2021	Monday	Nutrition & Feeding for Senior citizens	Dr. Aditi Deshkar
5.	29/09/2021	Wednesday	Nursing care of Elderly	Mrs Sneha Pednekar
6.	01/10/2021	Friday	Nursing	Ms Surabhi Parte Sister tutor
7.	04/10/2021	Monday	Understanding Safety and balance for geriatric population with practical	Ankita Parab
8.	06/10/2021	Wednesday	Occupational therapy	Dr. Shriharsh Jahagirdar
9.	08/10/2021	Friday	Geriatric counselling in hospitals	Heena Pasi
10.	13/01/2021	Wednesday	Legal responsibilities of caregivers 1hr Elder care from gender perspective 1hr	Nirmala Samant Prabhavalkar Gayatree Sathe
	15/01/2021	Friday	Dasera Holiday	----
11.	14/10/2021	Monday	Physiotherapy of Elderly	Miss. Pooja Bhindra
12.	20/10/2021	Wednesday	Communication with Elderly	Anindita Banik

"Training of the Trainer Certificate Course" for Geriatric Care Giver Thursday, 2nd September, 2021 at 2.30 pm inauguration by **Hon'ble Mayor of Mumbai Kishore Pednekar Mam** in Anjuman I Islam's Karmi Library, Mumbai.



Sr. No.	Date	Venue	Program Name	Collaborator	Participants
4	30 th August to 4 th Sept, 2021	CSSC Lecture hall	Swavlamban project- Train the Trainer	Yes I Can Foundation	16

Through Swavalamban they had trained more than 10 professionals in training the trainer for geriatrics and They were delighted to share that most of them started earning their livelihood through conducting geriatric training. Most of these students were absorbed by Yes I Can Foundation with stipend so give them livelihood and training opportunities.

Here is the testimonial from Swavlamban Ex-student who is trainer

'I Am very happy that now I can train others in Geriatrics, I am getting confidence by conducting training. I want to thank CSSC-RRTC-Yes I Can Foundation for giving me an opportunity through Swavlamban -train the trainer program in geriatrics.' - By Sheetal Nikam

some of the pictures here for our students who are successfully establishing as a trainer in geriatrics under our guidance:



Virangula Kendra at CSSC -project of RRTC:



Voluntary Activities for the Year 2021-2022

Sr. No.	Date	Venue	Program Name	Speakers	Participants
1	16 th June 2021	Churi Hall/Zoom	World Elder Abuse Awareness Day	Mr. Prakash Borgiaonkar, Head - Help Age India	Above 70
				Archana Nevrekar, Actress, Producer, CMD Caizen Creation P. Ltd. President of Sanskruti Kala Darpan [Guest]	
2	8 th September 2021	Virangula Kendra, CSSC	Senior Citizens Activity (Yoga, Game, Dance & Entertainment)	Dr. R.D. Potdar, Hon Secretary CSSC, Paediatrician	30 & Above
				Dr. Shekhar Bhojraj, President CSSC, Spine Surgeon	
3	13 th October, 2021	Churi Hall	Celebration of Durga Mahotsav The Health Workers presentation of project for Sr. Citizens their survey in the community	Dr .R. D. Potdar, Hon Secretary CSSC, Paediatrician	65 above
				Dr. Shekhar Bhojraj, President CSSC, Spine Surgeon	

1. World Elder Abuse Awareness Day at CSSC Auditorium:

Mr. Borgiaonkar presented the research carried out by Help Age India on Elder Abuse. It was a very shocking revelation about elders been abused by their own blood relatives such as son and daughter in law and sometimes in the society by others. He said that this is social stigma and many times elders do not speak out about the torture, harassment, violence caused by known people. He gave recommendations for prevention of elder abuse.

Archana Nevrekar presented the song on theme of happiness between small children and elders. She organised the dance competition on popular music and the best senior citizen lady was crowned and felicitated as best dancer.



Research:

The RRTC's are supposed to conduct research on various topics related to Sr. Citizens. It helps the Ministry to prepare Annual Action Plan to promote the welfare activities and also helps the Sr. citizens for active and happy aging. The following proposals were submitted to MSJE in 2021-22 and awaiting to get its approval.

Sr No.	Topic	Period
1.	Strengthening of centres for gerontological studies and geriatrics in universities, medical colleges and research institutions, by assisting them	06 months (August 2021 to Jan 2022)
2.	Use of Artificial Intelligence/robotics in care of Elderly	06 months (October 2021 to march 2022)

CSSC-RRTC's helping hand to the National Elder Line in Maharashtra division:

National Helpline for Sr Citizen (Elder line-14567) has been made operational on **toll free number 14567** services to Sr. Citizens such as information of Doctors, Hospitals, Old Age Homes, and Activity centres etc. And also provide free information, guidance on pension, medical and legal assistance, besides giving emotional support, intervene in cases of abuse and rescue homeless elderly. In this respect we give helping hand to the staff of Janaseva Foundation as and when necessary. We also call them in our awareness programs and give them platform of reaching to the participants about the functioning of elder line 14567. Our noteworthy contribution was hospitalization in KEM, Mumbai to one female homeless elderly lady found on the street of Mumbai City (CST Station) in semi unconscious condition and was badly beaten by rodents. At present she is fully recovered due to the help given by medical officers.

IMPACT EVALUTION: The feedback from webinars, Geriatric Care Training and regional workshop, we received in our chat box was very encouraging. In Offline Awareness programs also, we had excellent feedback regarding the importance of such programs which created lot of awareness and new vision to look into the issues of Geriatric population because their direct interaction & active participation. The Sr. Citizens informed us that such programs have made positive impact on their mind. The students, educational institutes were tremendously benefitted due to the lectures of doctors, psychiatrists, nutritionist, legal experts, etc. They have requested us for organizing such programs continuously. CSSC-RRTC assured them the advice help, guidance in future.

Thank you
Date: 18/05/2022